



General description: This is a course covering advanced coaching skills to assist elite athletes and to develop a national high performance programme.

Objectives:

- to train and develop specific skills of the archer over a determined period of time to reach a high competitive level in one division and one or two discipline(s)
- to structure and manage high performance

Diploma: Participants receive a diploma of attendance

World Archery educational supports:

- Guide to establish a performance archery plan
- Training plan samples
- One year of weekly training tips

Services and options available during the course:

- Outdoor Range (50m, 70m on request, and any other distances needed if available)
- Indoor Hall (18m, 50m and 70m, and other distances if available)
- Bow case / archery equipment storage
- Equipment repair booth
- Shooting form video analysis system (video with delayed replay from four different angles) if available
- Fitness and sauna on request

Participation requirements:

- [CoachTrue \(Elite\) anti-doping online learning programme](#)
- A support letter from the national federation
- World Archery advises its member associations to register coaches with at least one year of experience as Level 2 Coach (with national or international certification)

Payment conditions: by bank wire/transfer to the WAEC bank account. Payment details will be communicated during registration. Fees are refundable only if cancelled no later than 20 days before the course.

Accommodation: can be booked through the [registration form](#)

Local transportation: self-arranged at www.sbb.ch/en

Covid measures will apply as per Swiss government regulations at the time of the course

Contact and information: Cecilia Viscarra (cviscarra@archery.sport)



COACHING COURSE LEVEL 3

8 – 14 November 2022

Hosted in English at the
World Archery Excellence
Centre

Chemin du Chalet Pra Roman 12
/ 1000 Lausanne / Switzerland

Schedule: 9:00-18:00

Registration Fee: CHF 490
(lunch and coffee breaks
included)

**Registration and payment
deadline:** 10 October

[Registration form](#)

